



My Morning Routine Checklist

Use this checklist to help your child begin their day with confidence. Place it where they can see it in the morning and let them check off each task as they go.

- ☐ Make my bed
- ☐ Brush my teeth
- ☐ Get dressed
- ☐ Put dirty clothes in laundry basket (if needed)
- ☐ Eat breakfast
- ☐ Put lunch/snack in my bag
- ☐ Check my school bag is packed and zipped
- ☐ Put on shoes or coat (if needed)

**Start the day proud.
Every step counts!**

